

Waukesha County Mental Health Center
Mental Health Advisory Committee Meeting (MHAC)
October 16, 2017

Present Committee: Linda Cole, Terry Findley, Cathy Friend, Colleen Gonzalez, Karen McCue, Helen Prozeller, Kelly Simms, Shannon Stydahr, Marybeth VanderMale

Excused Absence: Jessica Grzybowski, Mary Lodes, Kathy Mack, Mary Madden, Maura McMahon, Katie Miller, Mike O'Brien, Becky Stark

HHS Staff Liaisons: Joan Sternweis

Guests: Brad Haas

1. Call to Order

Chair Colleen Gonzalez called the meeting to order at 1:38 p.m. Introductions were exchanged among the committee members.

2. Review and Approval of Minutes

Motion: McCue moved, second by Prozeller, to approve the meeting minutes of September 19, 2017. Motion carried unanimously.

3. Open Discussion: What are Organizations Doing Regarding Accommodations and Counseling

Many members of the committee commented that their places of employment offer Employee Assistant Programs (EAP) to assist employees with help with personal or work-related issues.

Friendships has two certified WRAP facilitators for their clients.

Findley had attended a motivational interviewing (MI) training to better assist with those with a dual diagnosis. Then, he is working on bringing the knowledge that he gained to his coworkers. A key point of information that he obtained from the training is that MI focuses on the client's own reasons for wanting to change, as you cannot tell someone what you think they need to do.

NAMI offers peer support services, and works with CSP and walk-ins. They also offer services for veterans.

Waukesha County offers light services to those on the intensive units. Findley commented that Waukesha County was the only organization to include peer specialists in their MI training, and it was apparent that the trainees were excited to see the change that could occur with MI.

WCTC provides students with services, including mental health counseling either at the Pewaukee or Waukesha locations. The counseling services also offer workshops for critical life skills.

Gonzalez's department (Student Accessibility) focuses primarily on accommodations now that the counseling services have been relocated. The 2.5 person staffed department assist approximately 1900 of the 20,000+ WCTC students (online and in person). Some of their services include Verified Individual Student Accommodations (VISA), classroom assistance, support for pregnant women, arranging academic help from instructors and peer tutors, and assistance for those with language barriers. WCTC's goal is to not only get the student into school, but ensure that they stay in school. The

department also holds separate student accessibility tours for those that may not be able to handle the crowds at an open house event.

WCTC's language barrier accommodations include services for the deaf/hard-of-hearing, interpreters, closed captioning, and video phones. The student's responsibility is to inform the department of their issue, and WCTC's responsibility is to accommodate the student's needs.

4. Elections of Chair/Vice-Chair

Due to the late elections for the positions of Chair and Vice-Chair, there was discussion to have the last few months be included in the first year term, and we will resume with elections in October, 2018. At that time, if they choose to be re-elected, and are voted to continue their term, their second one-year term would begin then.

Motion: Cole moved, second by Stydahar, to continue the one-year term for the Chair and Vice-Chair until October, 2018. Motion carried unanimously.

5. HHS Staff Liaison Report – Joan Sternweis/Brad Haas/Kelly Simms

Sternweis reported that Birdeau has fully transitioned into Crisis Supervisor, so Kelly will be taking the agency seat for CCS on the MHAC.

The 2018 budget presentation process is complete, and is now to the County Board to vote on. The new crisis positions for 2018 have been approved thus far.

The AODA Advisory Committee continues to look at the opioid crisis situation. There are some grants that will be available to assist with adding funds for this purpose, including for working with the Medical Examiner to determine if there were ways that lives could have been saved, had intervention occurred earlier on for overdose cases. There is also a grant available to assist in medication-assisted services for those with addiction.

Haas stated that the Genoa Pharmacy open house is this Thursday at the Mental Health Center. Genoa has been very accommodating to the needs, and staff and clients are excited to utilize the services and be able to talk to the pharmacist right away. The dispensary has also allowed clients to take a more hands-on approach with their treatment.

6. Sub-Committee Reports

a. Board Liaison Report – Mary Lodes

No report.

b. CCS Coordinating Committee – Kelly Simms

The next CCS meeting will be the joint meeting with MHAC in November. Sternweis suggested approaching Susie Austin to also present for the Peer Specialist presentation.

c. Partnerships for Children's Mental Health – Kelly Simms

Sternweis stated that this has not been fully assigned yet. The next meeting will be October 26 at 4pm. They will be discussing CST, crisis intervention, youth outreach, and figuring out how the group will grow. The group formally reports to Child and Family Services Advisory Committee (CAFSAC), so while it may not be necessary to have the group report to both committees, we may continue with updates as part of the CCS report.

d. Peer Specialist Committee of Waukesha County – Cathy Friend

No report.

e. Community Health Improvement Planning Process (CHIPP) Report – Mary Madden

Sternweis has reported that, based on the survey results, CHIPP will be working on the priorities of: opiates, mental health, and nutrition and physical health. The data collection subgroup is being developed, and from there, additional subgroups will be developed.

7. Ongoing Business / Community Initiatives

Sternweis has met with Madden last week, and Madden mentioned that additional information on the Suicide Task Force will be sent out. The Suicide Task Force will be added as a standing sub-committee to report out at future MHAC meetings.

8. Agency Updates / Announcements

There will be another showing of "Pieces In My Own Voice" at MATC next week.

NAMI's holiday party will be December 13, not the first week as in the past.

9. New Business

No report.

10. Other

The Wisconsin Recovery Task Force has videos on cultural humility that Sternweis will send out.

11. Adjourn

Motion: Friend moved, second by McCue, to adjourn the meeting at 2:45 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes were approved: Correen A. Johnson Date: 11-13-17