

# Where to Reach Us



## Waukesha County Public Health



262-896-8430



[www.WaukeshaCounty.gov/PublicHealth](http://www.WaukeshaCounty.gov/PublicHealth)



514 Riverview Avenue  
Waukesha, WI 53188

# Enroll Now!

Scan the QR Code to Fill Out a Referral Form



Waukesha County Public Health  
262-896-8430



Waukesha County HHS



@WaukeshaCoHHS



Waukesha County Health and Human Services



Waukesha County Health and Human Services



**Public Health**  
Prevent. Promote. Protect.

Waukesha County Public Health



## Healthy Pregnancy Program/PNCC

Waukesha County Public Health is a division of



514 Riverview Ave. Waukesha, WI 53188. Phone: (262) 548-7212

# What is the Healthy Pregnancy Program /PNCC?



Healthy Pregnancy Program/PNCC is a home visiting program for expecting parents and women to help gain access to medical, social, educational, and other services during their pregnancy. Waukesha County offers these services at no cost to families.

## Your Nurse Will Provide:

- Blood Pressure, weight measurements, and newborn checks
- Coordinate services along with physician's care.
- Offer nutritional information and education on pregnancy topics of interest.
- Personalized visits to fit your family's needs
- **Community resources including:**
  - Healthcare providers
  - Dental Care
  - WIC
  - Counseling
  - Transportation
  - Food Access
  - And More



# How to Get Started

## 01 Reach Out

Contact Waukesha County Public Health to learn more about how this program can work with your family .

## 02 Sign Up

Fill out a brief form located on the Waukesha County Public Health website or work with a nurse to assist you with filling out the form.

## 03 Home Visits

A nurse will meet with your family in your home or other location that works for you. Visits can be scheduled to fit your needs.

## 04 Continous Care and Connection

Your family and a nurse will work together to make sure your family is on the right track to a healthy lifestyle while staying connected to community resources.



# Community Connection on the Go



## Coffective

This app offers education, support and videos for pregnant or breastfeeding families.



## Count the Kicks

Monitor your baby's well-being in the third trimester in addition to regular prenatal visits.



## pumpspotting

Provides a network of support from fellow parents & lactation consultants, PINs of breastfeeding friendly places, and more.

FREE with code: Waukesha02



## Period of PURPLE Crying

These videos educate on baby's developmental milestones that may cause crying in babies. Track your baby's development.

Ask your nurse or healthcare provider about breastfeeding support and phone apps that can help.