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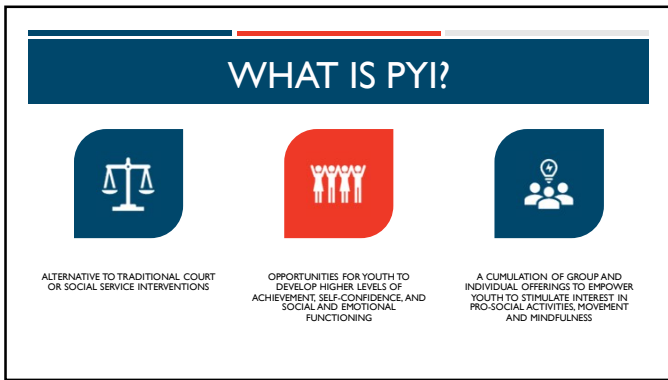
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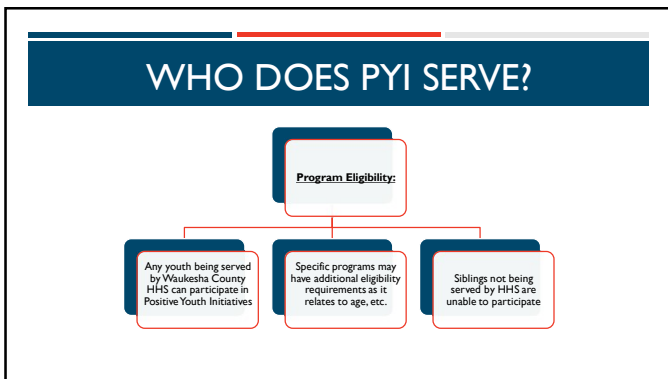
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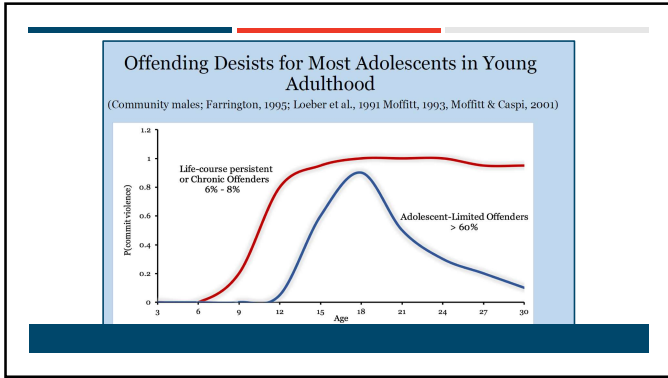
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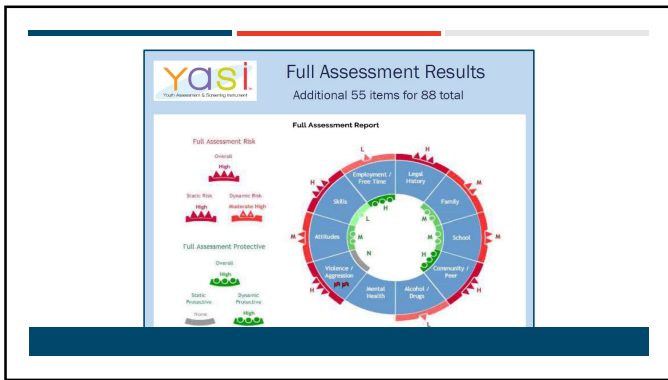
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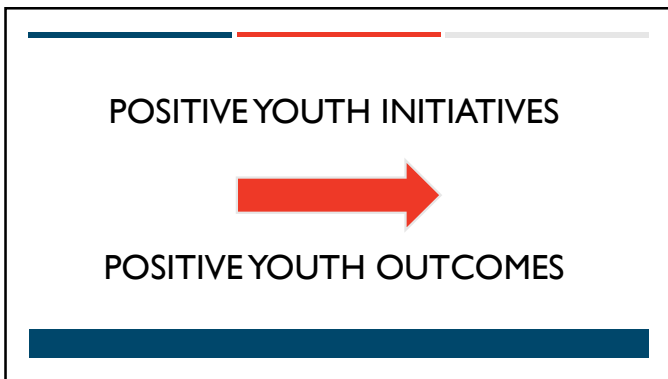
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## REFERRAL PROCESS

**Referral Process:**  
HHS Staff person completes the following forms in collaboration with the youth and family:

- PYI Program Referral
- PYI Waiver (Only one waiver is needed per calendar year)
- Release of Information (to allow A&F Social Workers to contact them about the youth's participation and to receive relevant information if youth is not serviced within the division)

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## GROUP OFFERINGS

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**AROUND THE TABLE**

Teens Will Learn...

*Food and Cooking Skills*

- Kitchen safety, knife skills, how to follow a recipe, and how to pick out healthy foods

*Emotional and Cognitive Skills*

- Connections between food, mood, and energy; practice stress and mindfulness techniques and understand motivations behind food choices

*Simple & Healthy Recipes*

- Youth receive a workshop handbook/ cookbook with all the recipes from the class

In partnership with



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON  
WALKERHSA COUNTY

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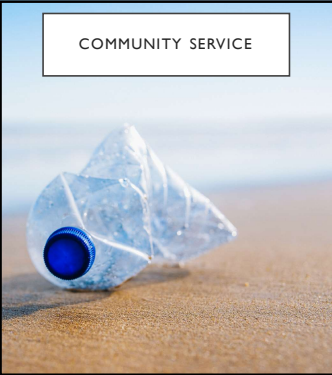
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**COMMUNITY SERVICE**

Staff collaborate with County and community organizations to provide community service work events for teens.

Teens Will...

- Help to better the appearance of local parks and trails
- Earn community service hours
- Work together as a team towards achieving a common goal

*Example:*  
Adoption of three county parks and three county trails. (Combination of City of Waukesha and Waukesha County)

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**YOUTH GARDEN**

The Youth Garden is a program that teaches youth about all things gardening, harvesting and giving back.

Waukesha County UW-Extension Horticulture and Nutrition Educators provide hands-on education at each session.

At the end of each session, youth are asked to reflect and write about the impact the program is having on making better decisions, choosing positive activities and initiating positive interactions with others.

In partnership with  Extension  
UNIVERSITY OF WISCONSIN-MADISON  
WAUKESHA COUNTY

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**HIKING**

The purpose of the hiking program is to assist youth in the development of higher levels of achievement, self-confidence, social and emotional functioning, and empowerment through the process of stimulating interest in physical activity and mindfulness.

Youth have an opportunity to manage their wellness through increasing their healthy coping skills and building positive social support.

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**MONEY SMART 4 YOUR FUTURE**

This financial literacy program is designed to empower teens and provide a strong foundation for healthy financial habits in the future.

Teens Will Learn About...

- Banking
- Budgeting
- Credit vs. Debit Cards
- Credit Scores
- Identity Theft/Scams
- Housing/Automobile Expenses
- & More!

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**RECOGNIZING OUTSTANDING KIDS (ROKS)**

An ongoing art program that was started as an opportunity for our youth to express themselves in creative ways using a variety of artistic media.

Teens Will...

- Be able to express themselves in a healthy way and show off their hard work and talent!

\*Art supplies are provided to youth and families.  
\*Completed art projects have been displayed in the DHS and Juvenile Center buildings as well as at in-person and virtual art shows.

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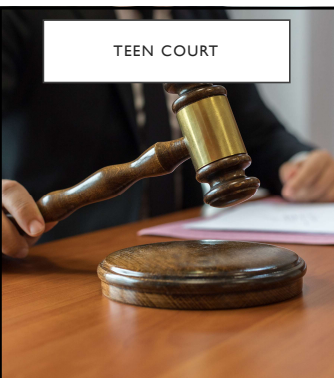
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**TEEN COURT**

The Waukesha County Teen Court program offers first-time offenders an opportunity to receive a meaningful sentence from a jury of their peers.

The Teen Court experience provides youth with an alternative to appearing in municipal court and/or paying a fine.

Youth who agree to attend Teen Court admit their guilt and they agree to allow a jury of teens to set a sentence.

Teens who successfully complete their sentence will have the original charge dismissed from their record.

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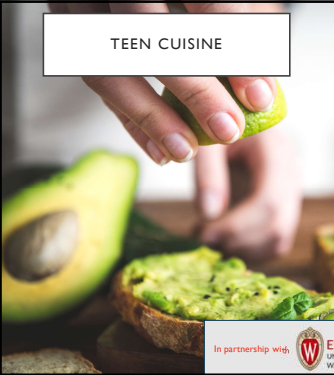
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TEEN CUISINE

Teen Cuisine is a youth-centered curriculum that teaches important cooking skills along with healthy eating information in engaging, hands-on lessons.

Teens Will Learn...

- Basic knife skills
- Choosing healthier foods & proper portion sizes
- How advertisements influence decision making about the food and drinks we consume
- How to read nutrition labels and recipes
- & More!

In partnership with:


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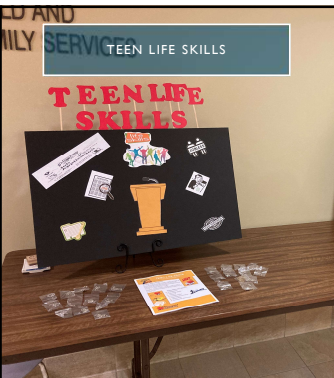
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TEEN LIFE SKILLS

Teen Life Skills is a group-based program open to 16-18 years old youth that's goal is to provide teens with information that will help them be successful at living on their own when the time is right.

Teens will learn about...

- Employment
- Consumer Skills
- Housing
- Transportation
- Automobile Insurance
- Health/STIs
- & Community Resource

All youth who participate in the group will receive a FREE resource kit to help them as they prepare to live on their own.

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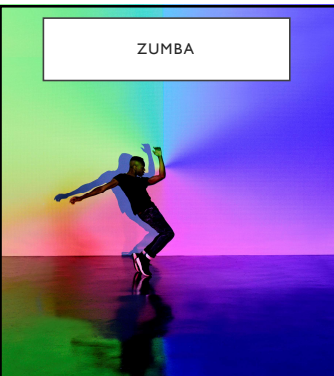
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ZUMBA

Youth participants will engage in weekly 45-minute sessions for six weeks of exercise programming.

Zumba takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party!

Teens Will ...

- Burn Calories!
- Let Loose!
- & Have Fun!

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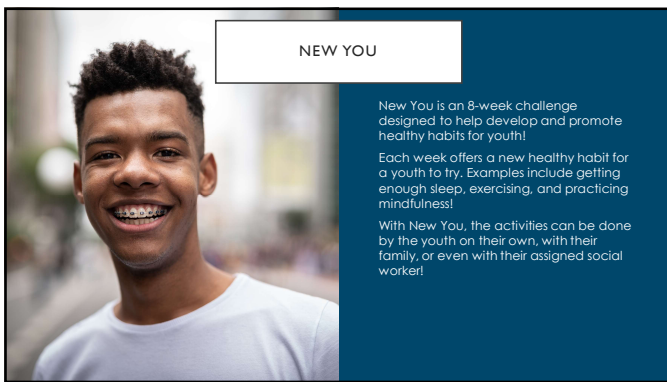
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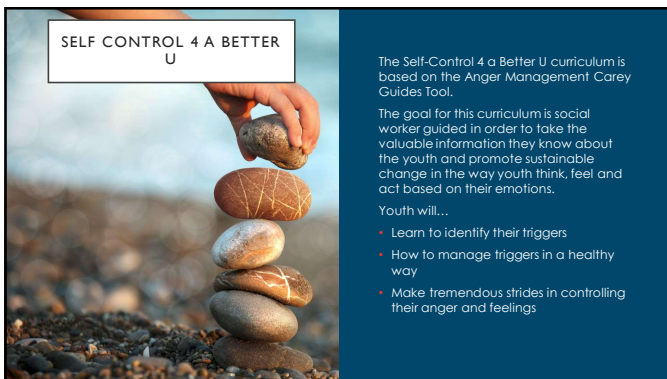
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**QUESTIONS?**

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**CONTACT INFORMATION**

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(Division Manager)

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(Family First Supervisor)

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- 262-896-6803

[PVI WEBPAGE](#)

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