# Waukesha County Human Services Center Mental Health Advisory Committee (MHAC) Meeting February 19, 2018

**Present MHAC Committee:** 

Linda Cole, Cathy Friend, Mary Lodes, Mary Madden, Maura McMahon,

Kelly Simms, Shannon Stydahar, Marybeth VanderMale

**Absent MHAC Committee:** 

Terry Findley, Colleen Gonzales, Kathy Mack, Karen McCue, Helen

Prozeller, Becky Stark

**Guests:** 

John Kettler, Katie Miller, Trista Neary, Lisa Riggle, Kurt Roskopf

#### 1. Call to Order

Former Co-Chair Cole called the meeting to order at 1:40 p.m. Introductions were exchanged among the committee members and guests.

#### 2. Review and Approval of Minutes

Motion: Lodes moved, second by Friend, to approve the joint Mental Health and AODA Advisory Committees Minutes of January 8, 2018. Motion passed unanimously.

#### 3. Review Membership List Information

McClain distributed and reviewed the membership list and asked the attendees to verify their information.

Madden arrived at 1:43 p.m.

#### 4. Scheduling Housing Action Coalition (HAC) Presentation

Kettler has a presenter, Kari Schneider-Peragine from the Milwaukee Fair Housing Council, whom would be able to discuss the housing issues we have in Waukesha County; in particular, regarding the lack of landlords accepting housing vouchers. The committee agreed that this topic would be good for the October 15 meeting. Madden will arrange it with the Schneider-Peragine.

McMahon arrived at 1:53.

#### 5. Open Discussion: Finalize Unmet Needs (Community Priority Needs)

McClain reviewed the previously agreed on community priority needs.

Lodes reminded the committee that whenever possible, statistical information should be provided during the presentation to the board. She also suggested prioritizing the list prior to the presentation.

The committee discussed each of the topics on the community priority needs.

Housing: The number of landlords, including the large property management companies, accepting vouchers continues to decrease. Mainstream vouchers are available for those with disabilities; while the waitlist is shorter and opens up more often, the client must be receiving case management so that there is a support line for them, should their standard of living

change. When citizens are unable to get a voucher, they may be homeless, go to the Salvation Army/housing, return to difficult family situations, or move out of the area. Kettler suggested having options available for landlords to offer instead of evicting the citizen. Statistical information that can be utilized for the presentation would include:

- The decrease in landlords accepting vouchers
- Funding for a case manager to help those where CSP or CCS would be too much case management
- How many citizens did not get housing because of their voucher not being accepted
- How many CSP/CCS clients that could be released from the program, but are not because they would lose their voucher

Simms will follow up with Haas on gathering some of the statistical information regarding CSP and CCS. Madden will compile the information for the position costs.

*Peer Support:* Currently, there is one peer specialist with dual focuses on mental health and substance use. Funding the training would be the main issue for this topic.

*Medications*: In the past, the committee has not assigned a dollar amount to this topic; however, Madden feels that Sternweis would have access to the information.

Contracted Agencies: This topic was presented as a joint topic in the past.

*Crisis Stabilization:* This topic is regarding having a peer run respite center in Waukesha County, or contracting beds at a respite center in another county.

Accessibility to Services: Phase One, Open Access, has been very beneficial for intake clients. Phase Two, Just-In-Time Scheduling, allows the client to call when they need to schedule the appointment, versus scheduling out for weeks at a time. The Just-In-Time Scheduling is for existing clients. HHS would like to bring a consultant in to set this program up. The program provides a cost savings due to a potential elimination of no-shows. Riggle will research if there are any funds in a grant still available.

Mobile Crisis: This topic pertains to turning limited-term employee(LTEs) positions into fulltime positions.

Services for the Lesbian, Gay, Bi-sexual, Transsexual, Questioning (LGBTQ) Population: HHS currently offers an adolescent group, available to anyone in the community for a fee, and are accepting referrals for an adult group they hope to start soon. The adolescent group is a mental health group; however, the facilitator that runs the group is dually-certified. Generally, there is a lack of support for the LGBTQ population that the committee would like to have addressed.

Madden and Cole will work with Sternweis and the chairs of both the Mental Health and AODA Advisory Committees regarding the joint presentation.

# **6. HHS Staff Liaison Report** – Brad Haas, Joan Sternweis

Kettler stated that the mobile crisis response team has added two additional positions; however, there is still a need for additional positions. Mobile crisis is also continuing to collaborate with the PDO grant outreach worker.

Simms added that the new Mental Health Center APNP has started and is working out very well. The APNP is also handling crisis appointments on alternating Fridays, as well as a few crisis scenarios that she has been able to meet with the client the same week.

Simms is in the process of hiring a Senior Mental Health Counselor and a new CCS kids position.

#### 7. Reports

#### a. HHS Board Liaison Report - Mary Lodes

Lodes reported that the HHS Board and HHS Committee met jointly last Thursday. One of the presentations was on the Hope Center. Lodes stated that 20,000 citizens of Waukesha County are under the poverty level – 40% being children, and 40% being Hispanic. Rogers Memorial Hospital provides the Hope Center with food for their food program. Many of the Hope Center guests deal with alcohol, drugs, and mental health issues.

Ben Jones of the HHS Public Health division also gave a presentation. One of the main points that he stressed is that there is still time to get the flu shot. To date, there have been 290 hospitalizations due to the flu, many of them being for those over the age of 65. Last year, for the entire season, there were 240 hospitalizations. The flu is in the top 10 causes of death. Jones also presented on communicable diseases.

b. Comprehensive Community Services (CCS) Coordinating Committee – Kelly Simms The last meeting was on January 15. The committee did some brainstorming regarding beautifying the Mental Health Center. One of the committee members will be creating a flyer to ask artists with mental health issues if they would like to contribute artwork.

The committee also discussed alternatives for having clients fill out the ROSI Survey.

The next meeting will be on March 19.

- c. Coordinated Services Team Kelly Simms No report.
- **c.** Peer Specialist Committee of Waukesha County Cathy Friend No report.
- d. Community Health Improvement Planning Process (CHIPP) Report Mary Madden The first meeting for the Mental Health action team was last Thursday. The action team has the maximum allowed of 15 participants. In the past, the team has spent a lot of time determining what their focus is; however, this year it was very clear that, based on the survey, the focus would be suicide awareness and prevention. Numerous meetings have been scheduled between now and June, so the team can give their recommendations in July.
- e. Suicide Task Force Mary Madden

Madden feels that the CHIPP focus of suicide awareness and prevention will work well with the Suicide Task Force, exploring "Zero Suicide" as one of the evidence-based practices.

"Suicide: The Ripple Effect," a documentary put out by Kevin Hines' production company, will be played on March 14 at the Marcus Menomonee Falls Cinema. The cost is \$10 to get into the

theater. This is not a fundraising event. At age 19, Kevin Hines attempted suicide by jumping off the Golden Gate Bridge.

# 8. Ongoing Business / Community Initiatives

No report.

#### 9. Agency Updates / Announcements

Madden stated that the NAMI Annual Awards Dinner will be on Tuesday, March 6. Among those being recognized this year is Laurie Kohler from HHS as a Mental Health Professional of the Year, and Rob Mueller from Waukesha County's Corporation Counsel for Excellence in Community Service.

## 10. New Business

No report.

#### 11. Other

No report.

#### 12. Public Comment

No report.

### 13. Adjourn

Motion: Madden moved, second by Friend, to adjourn the meeting at 3:03 p.m. Motion carried unanimously.

Minutes respectfully submitted by Janelle McClain.

Minutes Were Approved: Correct 7. Strand Date: 3/19/18